



This little girl invites
you into her ADHD mind

This little girl invites you into her ADHD mind to help understand her thoughts, feelings and emotions. She also shares how these struggles can also be turned into strengths as she learns and grows. She shares strategies that she uses to help herself navigate day to day life with ADHD. She ends with the hope of a bright future and assurance in knowing others are not alone in how they think and feel!

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TITLE: HI, IT'S ME! I HAVE ADHD

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Katelyn Mabry was diagnosed with ADHD at the age of 10. It left her feeling very alone and different. She struggled with reading as a child, which ignited the desire to become a Reading Specialist, to face her weakness head-on and to turn it into her strength. She wrote this book and her brother drew the illustrations, based on her personal experiences. She hopes the story touches the hearts of many children so that they will never feel alone.

Katelyn was a Certified Early Childhood/Special Education Teacher for 7 years before choosing to stay home to invest in her own children. She continues to use her masters as a Reading Specialist to tutor children of all ages, with a variety of needs. Her dream is to become an ADHD life coach. Katelyn has a passion for working with children, to instill in their hearts the love of reading, learning and growing. www.katelynmabry.com



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